



# The Core (Family)

Program Information

## THE CORE (FAMILY)

Presentations: 1.5hours

Family is the core for all families to secure, keeping safe at all times. During my upbringing as a child, I have experienced dysfunction and dealt with the long ramifications of pain throughout my young years.

Today, I am proud mother (parent) to our wonderful and talented son who enriches our lives each time we meet as a family. Shaun and I hold our family values very dear to our hearts, keeping all negativity or interfering with our home.

Once you become a parent it is a duty to respect and walk with seriousness throughout your journey even until your precious gems live their home.

### TOPICS:

#### Part 1:

1. Family values
2. Parent's role model
3. Open conversations (HEALTHLY)
4. Trust and Respect on both sides
5. Guidance

#### Part 2:

6. Love unconditionally
7. Forgiving yourself
8. Leaving the past, the past
9. Creating a REAL HOME
10. Most Importantly Memorable Memories

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