



**Get Motivated,
Spread the Word**
Program Information

Open forum with an exciting interactive atmosphere “sound- bites” of information helpful for individuals at any point in their careers.

PRESENTATION

Time: 1.5 hours

Topics:

1. Creating a Teamwork environment

Learning to focus on your teams strengths not *weakness*

2. Maximizing your full potential within your career

Empowering your *inner strengths* keeping your mission in focus

3. Listening to each other with an open mind

Become an approachable and skilled listener when ideas are brought to the table

4. Developing respect and integrity with your leaders and co-workers

Displaying leadership, while still respecting others knowledge

5. The *Power of Change* within your workplace

Learning patience adapting flexibility within *change* also discovering the of

windows opportunities

6. The Power behind *Recognition*

Discovering what the *true meaning of recognition* means and long term effects

Objectives:

This workshop teaches the importance of a teamwork environment focusing the group to work towards the same goal for not only their benefit but also that of the company they work for.

The participants will be discovering their inner strengths and learning how to empower the positive effects of change within their working environment. Learning that each team member acknowledges the importance of change and the rewards it has opening up endless opportunities increasing efficiency and reduce mistakes in their daily activities. Building upon a positive attitude to be generated and attracted by leaders, co-workers and most importantly the mission of the company their clients. At the conclusion of this session the group will have a clear understanding of how to maximize their *potential* in both their *professions and personal life through the image/attitude they portray*.

Each one of my presentations is designed to cater to the needs of the audience at their level and the areas they want to address. Self-esteem and motivation will always be the main topic of my workshops; however my presentation will alter according to my audience.

For example all of my workshops and seminars provide a friendly, interactive and caring atmosphere so that the clients do not feel intimidated by any questions they bring to the table. I feel that all questions have a great importance; however they will be monitored to ensure the session remains within the scope of subject being discussed.

**** My goal is to assure that each attendee walks away with the understanding of the importance of how the topics discussed can affect their personal goals. The presentation is an open forum to address the questions or concerns of the participants and so making them part of the solution. When the class is completed I like to know and feel that each client has obtained information giving them a sharpened edge from the development of belief and self-esteem within themselves.***

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