



Balancing Act

Program Information

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Presentation: 1.5 hours

Let me share something very deep, I am so proud of you all who step up to plate and work so hard to attend school. During my growing days I never really had a mentor (Parent) whom guided me throughout my live. I developed my inner fears of what I wanted to be not knowing it was right before my eyes. Here I am a successful Inspirational Speaker

One thing of my strengths is Balance.

I can cook, clean, main the garden, build my dream and keep a loving family.

My mom always said, when I was a little girl, she would see me cleaning the house while dinner was preparing on the stove. Taking it further, while in her tummy the doctor had to turn me several times.

On the move even then... here we go...

THROUGH THIS PRESENTATION YOU WILL ADDRESS THE FOLLOWING:

1. Taking time to breath...a breathe
2. Enjoying the journey while going crazy
3. Preparing a realistic list of what needs to be done
4. Moving to the musical rhythm to the best time of life
5. Learning to not take things to seriously

“Life moves pretty fast and challenges will always appear, its life man!

Dancing to beat to the time of our lives...this is the best thing ever.”

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