



# High School Presentations

Program Information

## OUR SERVICES

### HIGH SCHOOL PRESENTATIONS

*“Open forum with an exciting interactive atmosphere “sound- bites” of information helpful for individuals at any point in their careers.*

#### **JEALOUSY, WHO CARES!**

I wrote this presentation because so many people, I have spoken too and mentored is dealing with comparing on going throughout their lives. By not addressing the problem, you will never overcome its barriers.

Topics of Discussion:

What and who are you comparing yourself with?

Looking at the whole picture, why do you care.

Embracing all learning you own the tools to succeed.

Why are you doing what you’re doing?

#### **BACK TO THE BASICS**

Our schools are changing every single day with diversified cultures and discovery of unique lifestyles!

This is an interactive presentation addressing issues providing solutions for students to apply when confronted by Bullies or uncomfortable incidents at school also within their daily lives? Building upon their self-esteem and empowering them about who they are allowing NO ONE TO BRING THEM DOWN!

Topics of Discussion:

How do you deal with a student from another country?

What should you do when a student is treated differently by other children with hurtful words?

How and what do your immediate friends say about students from another.

## **LOVE WHO YOU ARE, ALWAYS!**

I thought having a special person in my life, it would complete me as whole human being. Yes, we need that special person, but if we don't love ourselves and what we can share with others that YOU are valuable and special, is when You will then LIVE YOUR BEST LIFE!

Topics of Discussion:

Discovering why should love yourself?

Learning you have incredible and uniqueness to share with the world.

What do you see every morning you wake up?

## **MEDIA LIES – TOXIC FRIENDS VS TRUE RELATIONSHIPS**

If it was up to me, I would have the entire social media platforms removed and have civil conversations. Where all humanity can talk face to face, seeing the lines within the smiles, laughter and concerns in the world...reality! The pain That I have heard from clients or interviewed on my show truly makes me sad and concerns me deeply about the wellbeing of our future generation.

Topics of Discussion:

Discussing the addiction of social media with our youth culture.

Why is so hard to delete any friends from your following who does not respect you as a friend, most importantly a human being.

Understanding the importance of knowing TOXIC FRIENDS VS TRUE RELATIONSHIPS.

Grasping the positive platforms vs, the negative platforms on social media

*SERIES OF WORKSHOPS FILLED WITH INSPIRATION THAT ADDRESS ISSUES OUR FUTURE LEADERS, OUR CHILDREN  
DEAL WITH EVERY DAY!*

High School: Grade 9 – 12

There has not been enough focus on embracing the hidden talents within our young people.

Students hearing themselves speak about their passion or a topic they are thrilled to share ignites their soul.

*I have seen it with my own eyes and boy does it empower me to build upon those gifts.*

Young people expressing/ hearing their own voice raises self-esteem, empowers who they are and what they can accomplish within their own lives.

If it be personal or academic these workshops allow and create Leaders in our students placing them on the right path building stronger characters for their future.

**For more information contact Joy Foster Inspirational Speaker,**

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