

Love, Support and Strength! Joy Foster has a beautiful gift of being able to find the voice in every individual who has the fortunate opportunity to meet her. She reminds the individual to believe in and love themselves, which is often difficult for adolescents to do. Joy represents the power and courage in students. She represents the laughter and encouragement in teachers. Every time I listen to Joy I am inspired to be a better person. With her refreshing honesty, she is a mother, teacher and role model for all. No matter the age, Joy is speaking to you, and not at you. She is intuitive and knows her audience. In a short time, she is able to affect impact and create change with her motivational and inspirational reminders of life. Joy Foster is the beautiful song that I wish will never end.

Kathleen Chow, Grade 7 Teacher at West Humber JMS - 2012

Joy's presentation on helping parents deal with stress and anxiety surrounding academics was realistic and moving. It was very well received by the parents in our community and delivered a strong message. Her nurturing nature and calming voice left the school gymnasium silent as she spoke. As a parent herself, Joy shared many personal stories of her own son capturing the trust and respect of those being addressed. Joy inspires, educates, motivates and entertains. The parents who were in attendance reported that they left with a new perspective on how to help their child deal with stress and anxiety as well as strategies that could be implemented immediately. The feedback from our parents was so positive that we have invited Joy back to the school to address the student body. I highly recommend Joy Foster to anyone who is looking for a compassionate, enthusiastic and entertaining motivational speaker. You will not be disappointed!"

Christine Goncalves, TDSB Teacher, West

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