



Emily Carr Secondary School

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Testimony for Joy Foster

I have seen and heard many great speakers in the last 15-20 years, workshops, seminars, conferences and the like. Some are great speakers and some not, some engaging while others cannot hold their audiences attention. I was fortunate enough recently to see Joy Foster in an intimate seminar. You could feel a change of energy soon as you entered the room. Joy has a presence that is hard not to notice. Her goal for this particular seminar was to show and teach young teens about self-respect, their cognitive abilities and their self worth.

Joy showed great compassion with these teens and also held a very safe, supportive, respectful and inclusive space for the training and learning to take place. I must say few people are able to perform like this with teens and not lose them in the process. You could really feel Joy's energy and conviction come through in the way she spoke to each student. There were tears and there was applause. I would recommend Joy to anyone looking for someone to inspire, someone who understands the value of human life and that each and every one of us has something beautiful to give to the world. Joy brought every student a gift that day. She brought them courage, self respect and most importantly dignity and integrity. Not many people carry those gifts with them when they put on a seminar, workshop or conference. Thank you Joy, you certainly left us wanting more.

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